

# Cottenham Summer School

22nd – 26th July

# 2024

Guitar • Indian Cookery • Weaving  
Drawing • Textiles • Dog Training  
Italian for Holidays • and more...



[astreaadultlearning.org](http://astreaadultlearning.org) Tel: 01954 288751



Cottenham Adult Learning

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22nd – 26th July 2024

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# Discover and explore your creative talents!

Spend some quality time learning a new skill or expanding the skills you already have. You'll find some inspiring new choices as well as our old favourites listed for July 2024. The fee includes tuition, refreshments and a two course buffet lunch daily.

## Booking information

**Please book early as popular courses are often full well in advance**

## PAYMENT

**Please phone the College to book and pay by card on 01954 288751**

Please note we are no longer taking cheque or cash.

**PLEASE NOTE** that 20% of the course fee is non-refundable if you withdraw from the course before 9th June 2024. No refunds after 9th June 2024 (except upon receipt of a Doctor's certificate).

## ACCOMMODATION

If you would like details of local accommodation, or would like to advise us of any special dietary requirements, please email [community@astreacottenham.org](mailto:community@astreacottenham.org)

## Cottenham Summer School 2024

Community Office, Cottenham Village College,  
High Street, Cottenham, Cambs, CB24 8UA

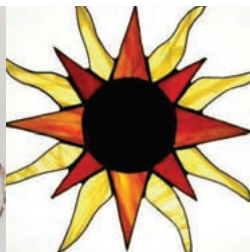
Booking enquiries: 01954 288751

Email: [community@astreacottenham.org](mailto:community@astreacottenham.org)

Office Opening Times: Monday – Thursday 9am – 4.30pm

Website: [astreadultlearning.org](http://astreadultlearning.org)

Find us on Facebook  Cottenham Adult Learning



## Textiles

### Teabag Textiles Art Scroll

**Melanie Missin**

Make a textured scroll, with used teabags, free motion machine stitching, and a water-soluble material to create 3D pieces and painting. You will need to have a basic knowledge of free motion stitching, a sewing machine in good working order with a darning foot, a selection of plain or variegated coloured cotton machine threads, sewing kit and apron. All other materials will be supplied at £7.00 per person payable during the course.

**3 Days** (Mon – Wed), 10am – 4pm, £168



### Eco Dyeing Express

**Melanie Missin**

A wonderful introduction to eco dyeing. Day one will be spent printing leaves onto fabric and paper using different leaves, making as many prints as we can, ready for day two. The second day will be the stitching day, using the sewing machine to outline the leaves and adding hand stitching for decoration. The edges will be cut with a soldering iron and we will look at how to hang the pieces once finished. Materials extra.

**2 Days** (Thurs – Fri), 10am – 4pm, £112



### Spectacular Studio Screen Printing

**Ricki Outis**

A fantastic three days of discovery as you learn different techniques for screen printing onto cloth. This medium is colourful, adaptable, and amazingly fast. We will be using water-based inks and non-toxic fillers wherever possible. Each day, different methods for creating a design on the screen will be introduced and students will have the opportunity to experiment with ideas that suit their own style of working. This course is ideal for people who want to experiment with print, pattern, and graphic styles.

**3 Days** (Mon – Weds), 10am-4pm, £168



### Screen Print with Dyes – Experimental

**Ricki Outis**

A special two-day screen printing course, focussing on screen printing with thickened dyes onto cloth. This is particularly useful for printing on lightweight cottons and silks because it maintains the softness, shine, and drape of the fabric. The course will include direct printing of cold-water dyes onto fabric, as well as 'deconstructed' or breakdown screen printing onto cloth, creating wonderful textures and magical effects. Ideal for textile artists who love experimenting with unexpected and serendipitous outcomes.

**2 Days** (Thurs – Fri), 10am – 4pm, £112



### Weaving on a 4 Shaft Table Loom

**Anna Crutchley**

Suitable for beginners and weavers with previous experience. Beginners will sample a variety of weave structures, experimenting with colour combinations, yarn qualities and surface textures. More experienced weavers are encouraged to discuss their ideas with the tutor in advance. You'll leave with a full set of samples, notes and information for further progress. Materials provided by Tutor, approx £10-£20 extra.

**5 Days** (Mon – Fri), 10am – 4pm, £280



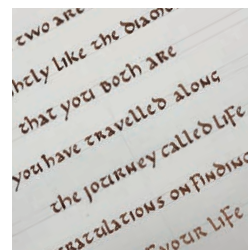
## Drawing & Crafts

### Calligraphy

**Liz Barrow**

Immerse yourself in the absorbing and creative art of calligraphy. You will explore the beautiful Uncial script, first used over a thousand years ago, and, using an edged pen, you'll write out a haiku or poem, and try out colourful decorative techniques to make small items such as bookmarks and greetings cards. Materials extra.

**3 Days** (Mon – Wed), 10am – 4pm, £168





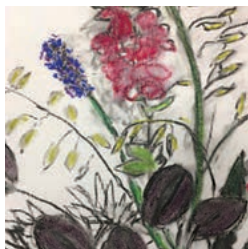
## Creative Drawing

**Sheila Bryan**

An introduction to the wonderful world of drawing! Pleasure and rewards come through learning to draw in a creative and relaxed way, learning the 'language' of drawing. Working through simple projects we will cover the basic skills of drawing using a variety of materials. Looking at still life, objects, and landscape we will study light and shade, composition, space, form, and mark making. Suitable for beginners and those refreshing their drawing skills.

Materials extra.

**5 Days (Mon – Fri), 10am – 4pm, £280**



## Line, Shape and Pattern in Felt

**Lisa E Fretwell**

This course will introduce you to a variety of felt making techniques. You will learn how to work with fibre to make felt, to produce filled felt using wool tops with a range of wool to create shapes. You will leave with a completed shrydak piece.

**2 Days (Thurs & Fri), 10am – 4pm, £112**



## General

### NEW to Summer School

#### NEW Indian Cookery Made Easy

**Mina Joshi**

This course aims to help you to make delicious and affordable meals. It is a very simple, basic Indian Cookery Class designed for anyone new to Indian Cookery. You may be about to move away from home and cook for yourself for the first time, or completely new to Indian Cookery and would like to learn. The course will be informative as well as fun. Materials extra.

**2 Days (Weds & Fri), 10am – 4pm, £120**



## Introduction to Copperfoil Stained Glass

**Lisa E Fretwell**

Try a unique glass technique called 'copperfoil,' invented by Louis Comfort Tiffany, which revolutionised the way that stained glass was created and assembled. Small scale, delicate pieces can be made using this method. You will need a steady hand and lots of patience, but the results will be well worth the effort! You will create a unique and beautiful stained-glass piece.

Glass equipment provided by the Tutor, £25 cash.

**3 Days (Mon – Wed), 10am – 4pm, £168**



## Upholstery

**Pat Phillips**

Why not bring that old chair or stool to give it a new lease of life? You will be taught the correct upholstery techniques using traditional and modern materials. Individual instruction will be given throughout the week and possibly some group demonstrations.

Materials extra.

**5 Days (Mon – Fri), 10am – 4pm, £280**



### NEW to Summer School

#### NEW Italian for Fun Holidays and Short Breaks

**Cristina Nugent**

This is a fun Italian class for beginners to learn basic Italian which will help them to find places, order drinks and snacks, book a hotel room or shop for food, clothing, accessories, and souvenirs. The course also provides some instruction about numbers, telling the time and naming the days of the week

**Half Day (Mon), 10am – 12.30pm, £95  
or 1.30pm – 4.00pm, £95**



## Guitar Roots and Branches

### Brooks Williams

This workshop includes Blues, Folk, Americana, Country and Singer-Songwriter. We will explore strumming and picking rhythms, classic riffs and turnarounds. Our playlist includes songs by artists such as Chris Stapleton, The Waterboys, Emmy Lou Harris, Paul Simon, & Eddi Reader, to name but a few. The songs will be supported by lyric sheets, chord charts and even TAB in some cases. This is a fun, inspiring workshop with lots of playing and singing. Join us for some new songs, riffs and chords to spice up your guitar playing.



**4 Days (Mon – Thurs), 10am – 4pm, £289**

## NEW to Summer School Dog Training Sessions

### NEW Puppy Training (12 weeks - 5 months)

#### Melissa, Cambridge Dog Services

Join our puppy training. Classes will be small groups of up to six puppies working on basic commands such as coming when called, leaving it when asked, stop jumping up and how to socialise with other young pups. You will also learn how to play with your puppy.



#### 50 minute session

(Fri), 1.30 – 2.20pm, £40, Lunch not included

### NEW Adult Dog Training

#### Melissa, Cambridge Dog Services

Join our adult dog training. Classes will be in small groups of up to six dogs working on obedience skills. The training will cover how to get your dog to come when called around distractions, walking on a loose lead, basic commands – sit, down, stay – and how to get your dog to ignore other dogs and focus on you.



#### 50 minute session

(Fri), 2.30 – 3.20pm, £40, Lunch not included

## NEW to Summer School Skills Bootcamp

### NEW Elevate Your Customer Service

#### Yasmin Hanspall

This taster workshop is aimed at anyone who would like to know more about delivering excellent customer service – why it is not just the right thing to do, but also has a positive impact on an organisation's reputation and profit. The course explains what excellent customer service is ... and what it is not. Learn to communicate more effectively and inclusively with your internal and external customers, to manage their expectations, and to deal with difficult customers and complaints.



**Half Day (Mon), 10am – 12.30pm, £95**

### NEW Cross-Cultural Intelligence & Communication

#### Yasmin Hanspall

This workshop is aimed at anyone who would like a taster of what it means to develop a global mindset and improve their communication when working across cultures. The course aims to discover what is required to foster a more global mindset, exploring cultural dimensions and how we can use them to increase our understanding of other cultures. We will explore how we can adapt and adjust our communication styles to communicate successfully with colleagues and customers globally.

**Half Day (Mon), 1.30pm – 4pm, £95**



## Feedback from past students

*“Lots of help and support. Good atmosphere, great feedback, lots of encouragement.”*

*“Good, lovely place to learn. Food and refreshments were excellent.”*

*“Brilliant premises, really friendly and helpful staff.”*

*“Always have a wonderful week.”*

*“Besides learning the basics, plenty of examples and books were provided to inspire.”*

*“Great as always. A really valuable contribution to village life.”*

*“Keep It up! A week well spent and exceedingly enjoyed. Thank you so much.”*



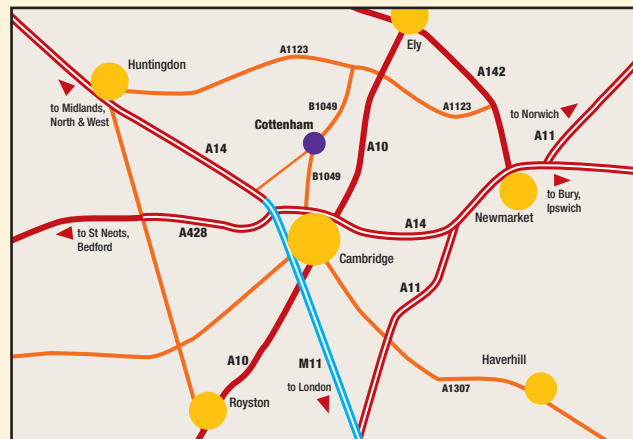
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COTTENHAM

**Are you ready?  
Learn something  
new today**

For course details visit: [astreadultlearning.org](http://astreadultlearning.org)  
Call our booking line on **01954 288751**  
[community@astrecottenham.org](mailto:community@astrecottenham.org) Facebook: Cottenham Adult Learning

## General Information

**Venue:** Cottenham Village College is in the heart of a beautiful Cambridgeshire village just 6 miles from the city of Cambridge, and in easy reach of Ely and the Fens. Facilities are accessible to the less able.



**Ages:** Cottenham Summer School courses are for adults (min. age 18).

**Duration:** The courses run between the 22nd – 26th July 2024 varying from 1 to 5 days. Each day will start at 10am and finish at 4pm, unless otherwise stated.

**Fees and what is included:** Fees include tuition, two course buffet lunch and refreshments daily. To secure your place, 50% deposit is required on booking. Full payment is required by 9th June 2024.

**Not included in fees:** Materials unless otherwise stated.

**Refunds:** Please note that 20% of the course fee is non-refundable if you withdraw from the course before 9th June 2024. No refunds will be given after 9th June 2024 (except upon receipt of a Doctor's certificate)

**Refreshments & Lunches:** If you have a special dietary requirement please make this known to us at the time of booking and we will do our best to accommodate you. **Please feel free to bring your own mug and refillable water bottle to reduce waste.**

**Accommodation:** Please email [community@astrecottenham.org](mailto:community@astrecottenham.org) if you require a list of local B&Bs.

**PAT Testing:** Any electrical equipment (e.g. sewing machines etc) over a year old must have a current PAT Test.

**Cottenham Village College is a non-smoking site**



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